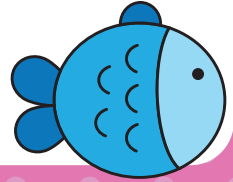


OVEN BAKED FISH FINGERS ^(G)

II

HOUSE MADE, CRUSHED CORNFLAKE COATED FISH STRIPS, FRIES

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
921kJ	14.7g	1.8mg	39.1mg	2.9g
15.5% DI*	73.5% DI*	18% DI*	5.6% DI*	16.1% DI*

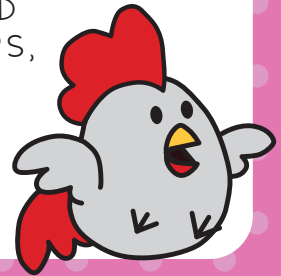


CHICKEN STRIPS ^(G)

II

OVEN BAKED HOUSE MADE, CRUSHED CORNFLAKE COATED CHICKEN STRIPS, FRIES

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
1600kJ	34.6g	2.9mg	43.8mg	4.1g
27% DI*	173% DI*	29% DI*	6.3% DI*	22.8% DI*

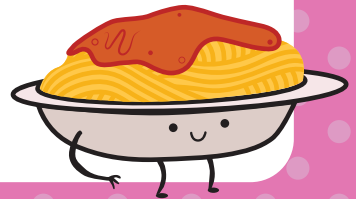


BAMBINI BOLOGNESE ^(GO)

II

HOUSE BOLOGNESE SAUCE, FRESH HOUSE MADE SPAGHETTI

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
1578kJ	25.8g	3.6mg	91.1mg	4.4g
26% DI*	129% DI*	36% DI*	13% DI*	24% DI*



'GO foods'

GO foods help our bodies and brains to GO - to dance, sing, run, jump, play and learn.

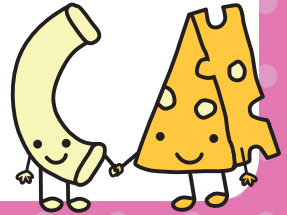
'GROW foods'

GROW foods help our bodies to GROW strong and healthy.

CASA MAC N CHEESE (V) (GO) II

HOUSE MADE FRESH TWIRLY PASTA, CHEESEY SAUCE, PARMESAN

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
2081kJ	14.1g	2.5mg	78.9mg	3.5g
36% DI*	70% DI*	25% DI*	11.3% DI*	19.4% DI*



KIDS PIZZA (GO)

II

HOUSE MADE PIZZA DOUGH, WOODFIRED:
MARGHERITA (V); or
HAM & PINEAPPLE; or
THE CHEESY (V).

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
2451kJ	24.6g	2.6mg	339mg	5.2g
42% DI*	123% DI*	26% DI*	48.5% DI*	28.9% DI*

Nutritional information is for the Margherita Pizza

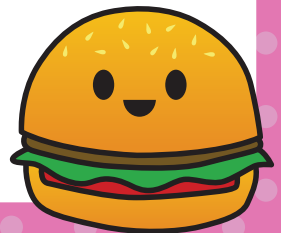


BEEF SLIDER

II

HOUSE MADE BEEF PATTY, TOMATO KETCHUP,
CHEDDER CHEESE, FRIES

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
1531kJ	14.1g	38.4mg	30.8mg	1.6g
25% DI*	70% DI*	384% DI*	11.3% DI*	8.9% DI*



'GLOW foods'

GLOW foods make our bodies
GLOW - our hair shiny, eyes
sparkle and skin glow.



GO



GROW



GLOW

Dessert

(V) - VEGETARIAN (G) - GLUTEN MINIMAL (GO) - GLUTEN MINIMAL OPTION

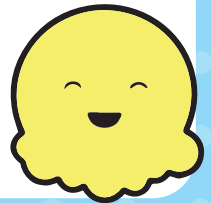
KIDS GELATO SCOOP (V) (G)

4

CHOCOLATE OR VANILLA OR STRAWBERRY

ENERGY	PROTEIN	SUGARS
347kJ	1.82g	12.4g
15.5% DI*	9.1% DI*	33% DI*

Nutritional information is for Chocolate Gelato

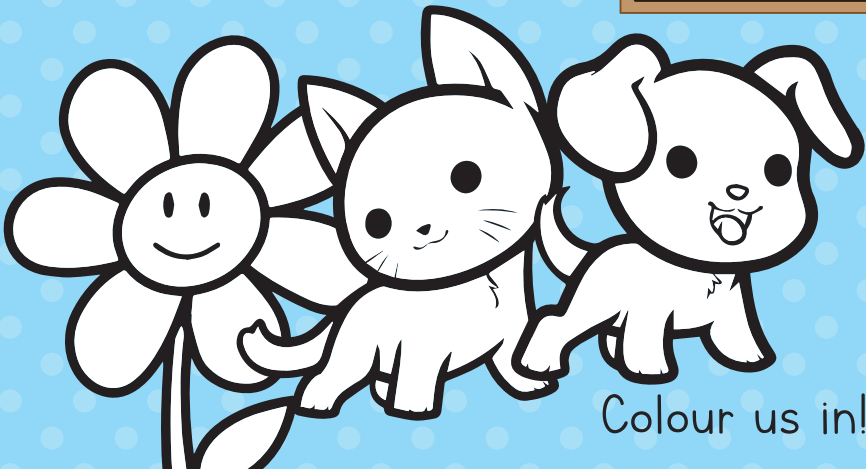
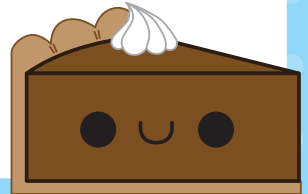


CASA CHOCOLATE TART (V)

4

SWEET PASTRY, CHOCOLATE FILLING

ENERGY	PROTEIN	IRON	CALCIUM	FIBRE
3879kJ	12.1g	2.1mg	77.7mg	3.6g
66.5% DI*	60.5% DI*	21% DI*	11.1% DI*	20% DI*



Colour us in!